

GRANT COUNTY RESOURCES

EMERGENCY

Fire / Police / Ambulance / Sheriff	911
Poison Control	800-222-1222
National Suicide Prevention Lifeline	800-273-8255
Suicide Prevention Resource - TXT4Life: Text "Life" to 61222 to be connected to trained, compassionate counselors	
Mental Health Crisis	701-364-0431
The Adult and Children's Mobile Crisis Team is available in the community 24 hours a day, 7 days a week in Grant, Douglas, Pope, Stevens, and Traverse Counties. Children's Services expanding to emergency rooms. The adults' team is also available 24 hours a day, 7 days a week in local emergency departments.	
Mental Health 24-Hour Emergency Service (Lakeland Mental Health)	800-223-4512
Grant County Sheriff (Provides coverage for Ashby, Barrett, Elbow Lake, Herman, Hoffman, and Wendell)	218-685-8280

EDUCATION—Early Childhood (ECFE, Head Start, School Readiness), Elementary, Secondary

Ashby Public Schools http://www.ashby.k12.mn.us/pages/Ashby_Public_School	218-747-2257
Herman-Norcross Community Schools http://herman.mn.schoolwebpages.com	320-677-2291
West Central Area North Elementary – Elbow Lake	218-685-7500
West Central Area South Elementary – Kensington	320-965-7600
West Central Area Secondary – Barrett http://www.westcentralareaschools.net/main/	320-528-7400
Head Start – West Central MN Communities Action http://www.wcmca.org/programs_headstart.cfm	218-685-4486

HEALTH—Physical

Alexandria Clinic – Alexandria	320-763-5123
Douglas County Hospital – Alexandria	320-762-1511
Coteau des Prairies Clinic and Pharmacy – Herman	320-677-2220
Lake Region Health Care – Fergus Falls	218-739-2221
Lake Region Health Care – Ashby Clinic	218-747-2293
Prairie Ridge Hospital & Health Services	Toll Free 888-818-4461
Elbow Lake Campus & Hospital	218-685-7300
Ashby Campus	218-747-2293
Evansville Campus	218-948-2040
Herman Clinic	320-677-2221
Hoffman Campus	320-986-2038
Morris Campus	320-589-4008
Sanford Health – Alexandria	320-762-0399
Stevens Community Medical Center – Morris	320-589-1313

HEALTH—Chiropractors

Kastner Chiropractic	218-685-4544
Vistad Chiropractic	218-685-4500
Hoffman Chiropractic	320-986-2210

HEALTH—Mental

Dion Darveaux, PHD – Fergus Falls	218-736-3035
Lakeland Mental Health Center – Alexandria	320-762-2400
Fergus Falls	218-736-6987
Glenwood	320-634-3446
Life Center Mental Health – Morris	320-589-7625
Lutheran Social Service – Alexandria	320-762-5124
Fergus Falls	218-736-5431
Prairie St. John's – Fargo, ND	701-476-7218
Psychological Professionals of Alexandria	320-762-1762
Solutions Behavioral Healthcare Prof. – Alexandria	320-762-5411
Fergus Falls	218-998-2992
The Village Family Services – Alexandria	320-762-8851

HEALTH—Dental

Apple Tree Dental & Children's Dental Outreach Clinics	877-998-2218
Caring Hands Dental Clinic (Alexandria) – Community Dental Access Clinic	320-815-5711
Elbow Lake Dental Center	218-685-4710

GRANT COUNTY RESOURCES

HELPFUL LINKS

Bridge to Benefits – Programs you may be able to access	http://mn.bridgetobenefits.org/Home2
Legal Services of Northwest MN - Civil legal services without charge. Call for eligibility.	800-450-2552
Grant County Website	www.co.grant.mn.us
Help Me Grow – for parents of young children	www.helpmegrowmn.org
Community Resource Book	http://wcmca.org/programs_headstart.cfm
Disability LinkAge Line	Toll Free 888-333-2466
Senior LinkAge Line	Toll Free 800-333-2433
Veterans LinkAge Line	Toll Free 888-546-5838

FAMILY SUPPORTS AND RESOURCES

ARC West Central MN (for persons with intellectual and/or developmental disabilities: housing, social activities)	218-233-5949
Caring Neighbors Free Mission – Ashby FREE STORE: clothing, toys, household items	218-589-8655
Child Care Aware of MN-NW	320-219-8222
Child Care Listings & Support for Child Care Providers	Toll Free 800-452-3646
Alexandria Planned Parenthood	320-762-0766
Birthright – Alexandria (resources, information, baby equipment, clothing)	320-762-1224
Health Resource Life Care Center – Fergus Falls	218-736-6050
Minnesota Family Planning Program	888-702-9968
Food Shelf – Grant County (Elbow Lake) Tuesdays and Thursdays, 9 a.m. - 11 a.m.	218-685-4176
Food Shelf – Hoffman-Kensington (Hoffman) Tuesdays 5 p.m. - 7 p.m., Saturdays 9 a.m. - 11 a.m.	320-986-2598
Grant County Child & Youth Council	218-685-4587
Family Services Collaborative & Early Childhood Initiative	www.co.grant.mn.us/childyouth.asp
Grant County Housing & Redevelopment Authority	218-685-8240
Grant County Social Services	218-685-8200

Toll Free 800-291-2827

- Children's & Adult Mental Health
- Emergency Assistance
- Food Support
- Adult Foster Care
- Medical Assistance
- Cash Assistance
- Minnesota Care
- Child & Adult Protection
- Child Foster Care
- Parent Support Outreach Program (PSOP)
- Chemical Dependency Services
- Subsidized Child Care
- Child Care Licensing
- Developmental Disabilities
- Child Support Enforcement
- Senior Services
- Public Transportation

Grant County Nutrition	218-685-8322
Library (Thorson Memorial) – Elbow Lake – Children's Programs, Book Club, Summer Reading Program	218-685-8850
NAPS (Nutrition Assistance Program for Seniors)	218-685-8200
Public Transportation - Rainbow Rider	Toll Free 800-450-7770
Grant County Volunteer Driver Program	218-685-8220
Salvation Army – Grant County Unit Central Minnesota Service Extension	888-399-9501
Some Place Safe – emergency service and support for victims of violence and their families	218-685-4203
24-Hour Crisis Hotline	800-974-3359
Horizon Public Health – Elbow Lake Office	218-685-8295

- CTC (Child & Teen Check-Ups)
- Follow Along—Ages and Stages (child development)
- WIC (Women, Infant, Children) nutrition info, health services, and access to wholesome foods
- Prenatal and Postpartum Home Visits
- SHIP (Statewide Health Improvement Program)
- Family Planning Program
- Home Visiting Programs
- Growing Great Kids
- Supporting Hands Nurse Family Partnership
- Childbirth Classes
- Breast Feeding Classes
- Preschool Screenings
- Long Term Care Consultation

Thrift Store – Bargain Bazaar – Elbow Lake	218-685-4236
Thrift Store – Second Chance – Ashby	218-747-2020
University of MN Extension Nutrition Education Program, 4-H Youth Development	218-685-8323
Veterans Service Officer	218-685-8324
West Central MN Communities Action	218-685-4486

Toll Free 800-492-4805

www.wcmca.org

- Emergency Assistance and Housing
- Homeless Prevention
- Foreclosure Prevention
- Emergency Shelter
- Lead Testing
- Weatherization
- Free Tax Clinics
- Head Start
- Early Head Start
- FAIM Program
- Live Well at Home
- Transportation
- MN Sure Navigation

Work Force Center – Fergus Falls	218-739-7560
Work Force Center – Alexandria	320-762-7800

Resource Guide developed by Grant Co. Child & Youth Council • dhenget@isd2342.org • 218-685-4587 • March 1, 2018